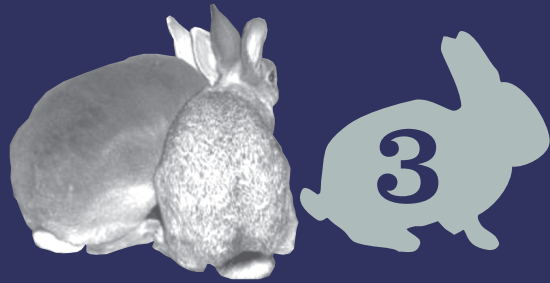


BUNS DAY THREE
THE BEST OF THE BUNS

DECEMBER 3RD



INFORM PILATES IS JOINED BY SPECIAL GUEST TEACHERS E.A. STRONG OF STRONG
HEART STRONG BODY, JENNIFER JEFFRIES OF THE DAILEY METHOD AND
KK LEDFORD OF YOGA TREE HAYES IN A WORKOUT BENEFITING SAVEABUNNY,
A BAY AREA NON-PROFIT ANIMAL RESCUE ORGANIZATION



GET YOUR BUNS TO CLASS

10:30 AM ON SUNDAY, DECEMBER 3RD

580 HAYES STREET

(FORMER HAYES VALLEY MARKET ON THE CORNER OF HAYES & LAGUNA)

*\$55 PER PERSON INCLUDES A 1.5 HOUR WORKOUT
FOLLOWED BY A SILENT AUCTION FEATURING SPECIAL
HEALTH AND BEAUTY PACKAGES

100% OF PROCEEDS BENEFIT SAVEABUNNY.
YOUR DONATION SUPPORTS THIS AWARD WINNING RESCUE GROUP
TO HELP ANIMALS IN NEED.

FOR MORE INFORMATION ABOUT SAVEABUNNY,
VISIT THEIR WEBSITE AT SAVEABUNNY.COM

RESERVE YOUR SPACE BY NOVEMBER 25, BY CONTACTING INFORM
PILATES AT 415-431-3676 OR INFORMSF@YAHOO.COM. CHECKS
MADE PAYABLE TO SAVEABUNNY CAN BE MAILED TO INFORM AT
650 LAGUNA STREET, SAN FRANCISCO, CA 94102

*UNABLE TO ATTEND? PLEASE CONSIDER A DONATION.



INFORM PILATES

